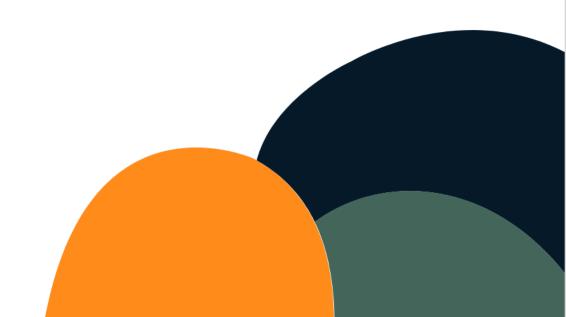
Autism Foundation Finland

Insights on AI and Vocational Rehabilitation: Future Pathways for Disability Inclusion in Finland.

Portorož

September 23rd 2025



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EMBA

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SPEAKER

European Platform for Rehabilition

Autism Europe



The structure of today's presentation

Short introduction of Autism Foundation Finland

System of vocational rehabilitation and employment of persons with disabilities in Finland

Possible future development and solutions in Finland regarding legislation

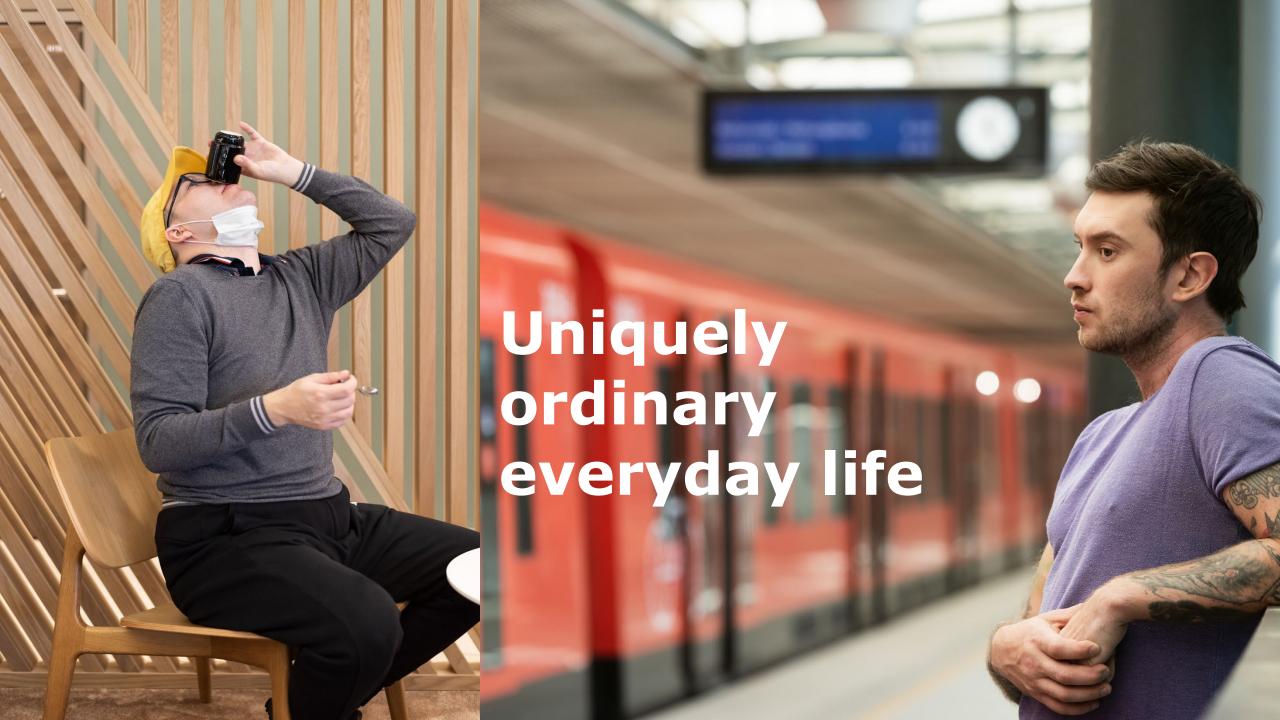
Using AI in workforce planning

Q&A



Autism Foundation Finland





General facts

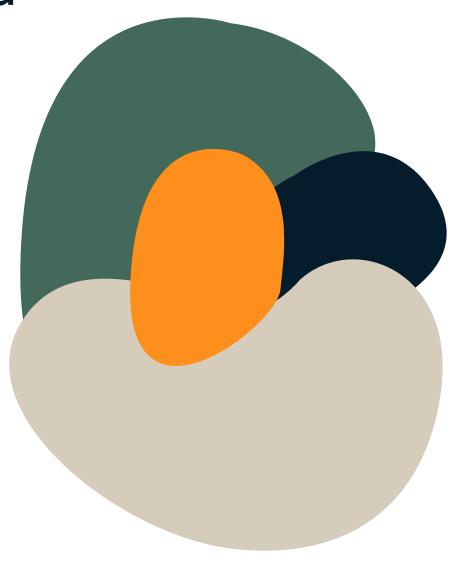
Autism Foundation Finland

Established 1998 by relatives of people on the spectrum

Not for profit Finnish Social Enterprise & holder of Finnish Key Flag







Key Figures 2025

Staff: over 600 proud professionals

30 locations throughout Finland

Group homes, supported living, daily activities

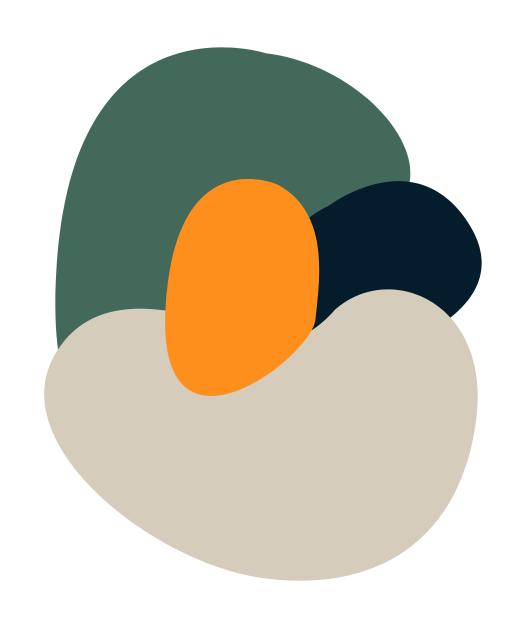
In addition, we own over 60 flats: rented to people who need support

Over **1,300 individual clients** and we are aiming to serve even more

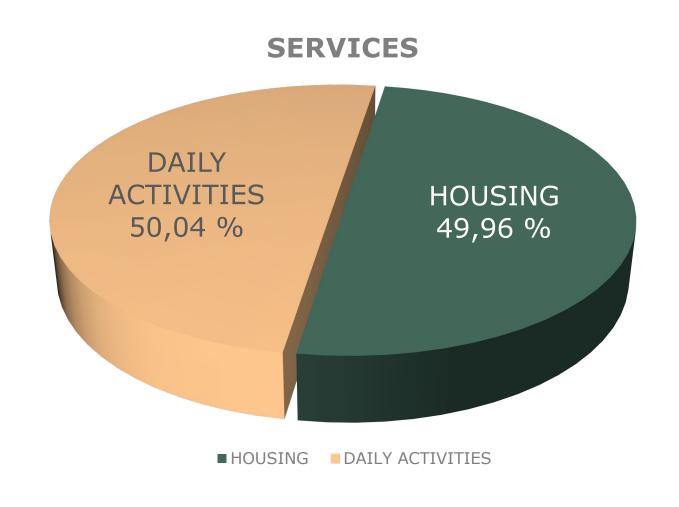
Turnover 25 M€ (2022),

29 M€ (2023) 37 M€ (2024)

43 M€ (2025 est.)

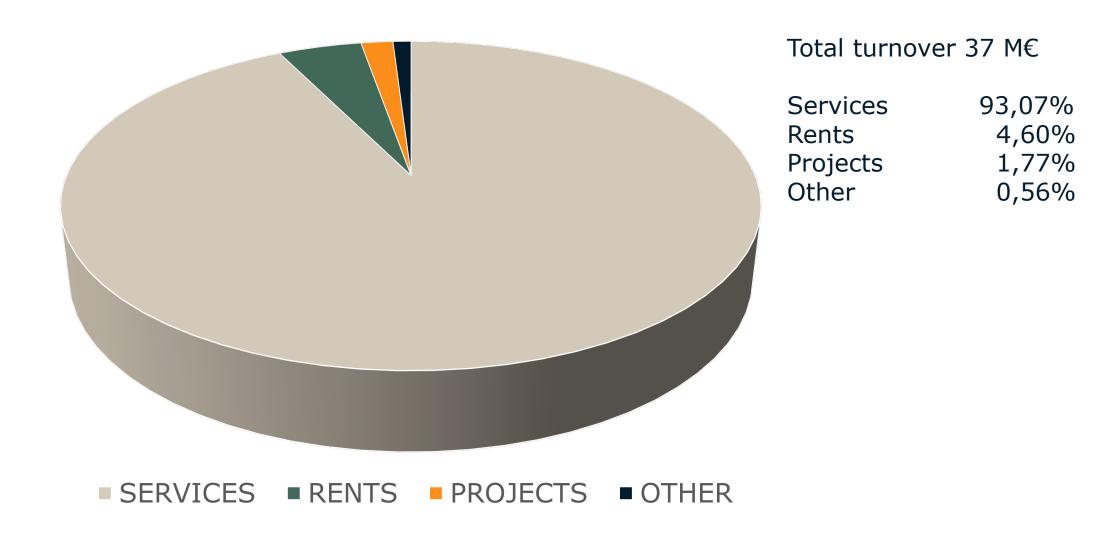


Main services (93,07 % of total turnover)



Autism Foundation Finland

Distribution of turnover as of 2024





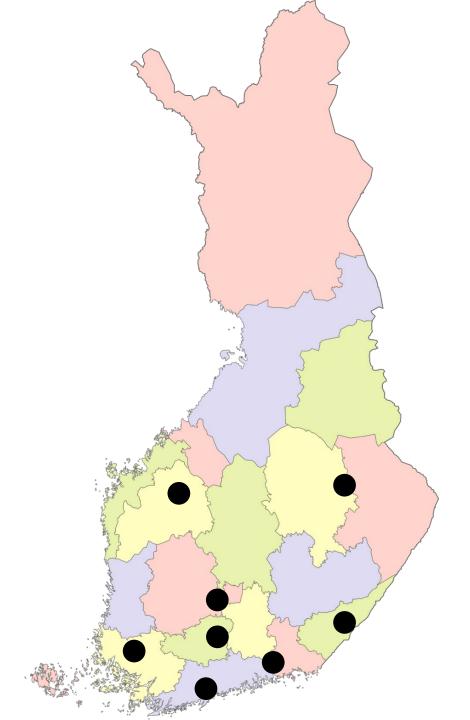
Our services on a map

18 group homes

12 day activity centers

A farm with sheep, horses and chickens







Our services

Homes from **24/7** service to different levels of service, including **supported living** and **coaching for independent living**

Daily activity services

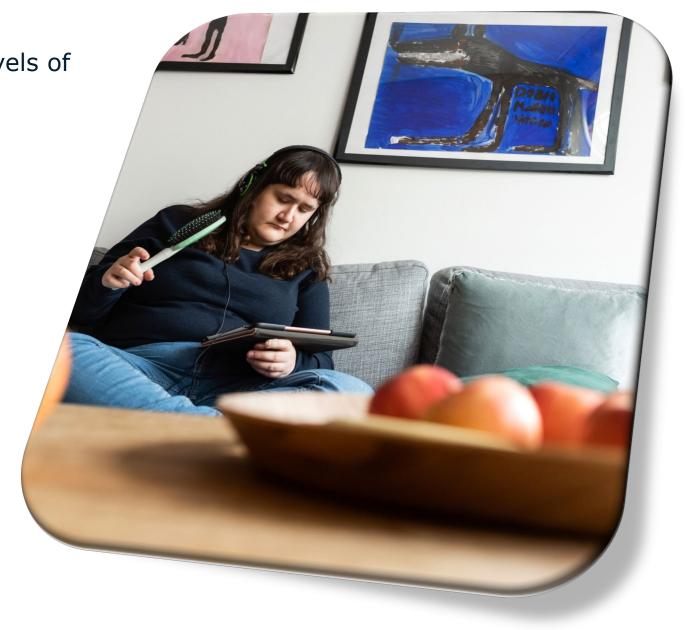
wide variety of different activities, including professional art counceling

Coaching and guidance

Employment promotion / work activities

Neuropsychiatric coaching

Animal-assisted activities Social pedagogical horse activities





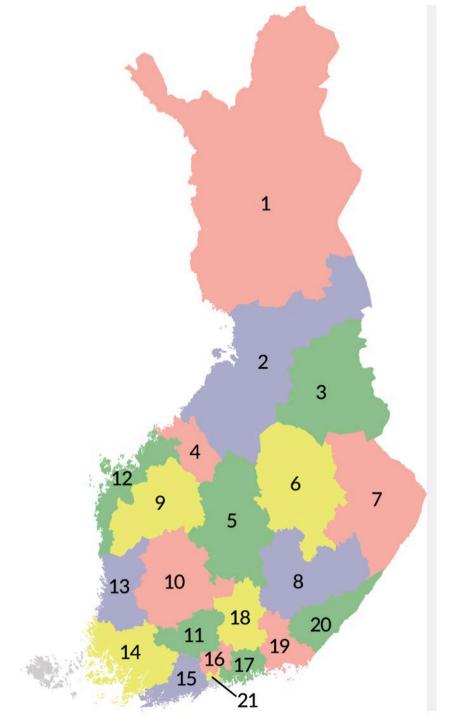




The procurement process

The services are procured by 20 + 2 wellbeing services counties (Helsinki and Ahvenanmaa separated)

(formerly all of the 309 municipalities procured services by themselves)



Autismisäätiö

System of Vocational Rehabilitation and Employment of Persons with Disabilities in Finland

Legal and Policy Basis

Finnish Constitution: right to work and livelihood

Acts on rehabilitation & allowance (Kela)

Earnings-related Pension Acts

Accident and Traffic Insurance Acts

Disability Services Act & Social Welfare Act

Key Actors

- Kela rehabilitation & allowances
- Pension institutions rehab to prevent disability pensions
- Employment services job search, wage subsidies, training
- Insurance institutions accidents/traffic cases
- Municipalities & wellbeing counties disability services, daily support

Eligibility

Medically verified illness, injury, or impairment reducing work ability

Pension rehab: sufficient work history & earnings

Kela: for those outside pension system, incl. youth & unemployed

Measures & Supports

- Vocational guidance & assessments
- Work trials, job coaching, supported employment
- Training & retraining
- Workplace adaptations & assistive technology
- Rehabilitation allowance (income)
- Wage subsidies & self-employment support
- Social rehabilitation & personal assistance

Process

Early detection of reduced work ability

Application with medical certificate & plan

Decision by responsible body (Kela, pension, insurer)

Implementation: training, trials, adaptations

Outcome: return to work or disability pension if needed

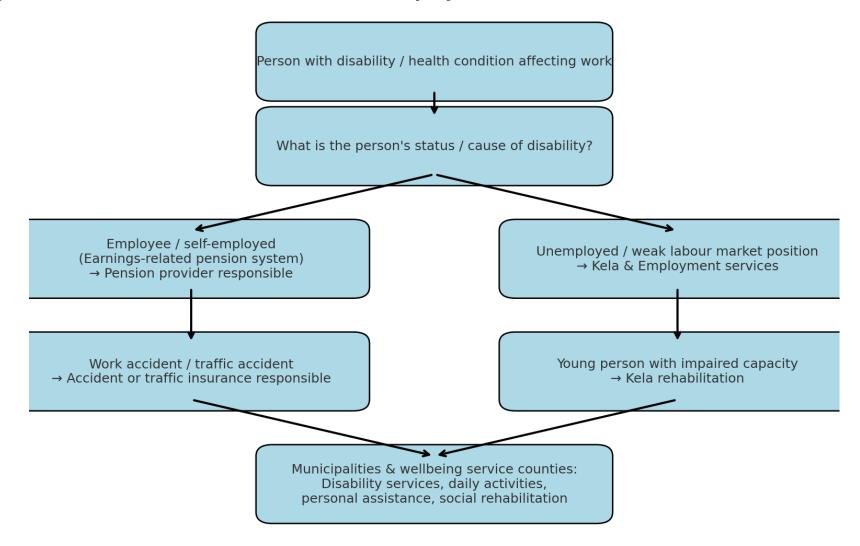
Strengths

- Comprehensive coverage & multiple pathways
- Rehabilitation prioritized over disability pensions
- Strong support services from municipalities
- Preventive, work ability-focused system

Challenges

- Fragmented responsibilities & rules
- Access harder for long-term unemployed/low-income groups
- Delays in early intervention
- Varying employer engagement in workplace adaptations

System of Vocational Rehabilitation and Employment of Persons with Disabilities in Finland





Future Legislative Developments in Finland

Stronger coordination – simplify responsibilities (Kela, pension, municipalities, insurers)

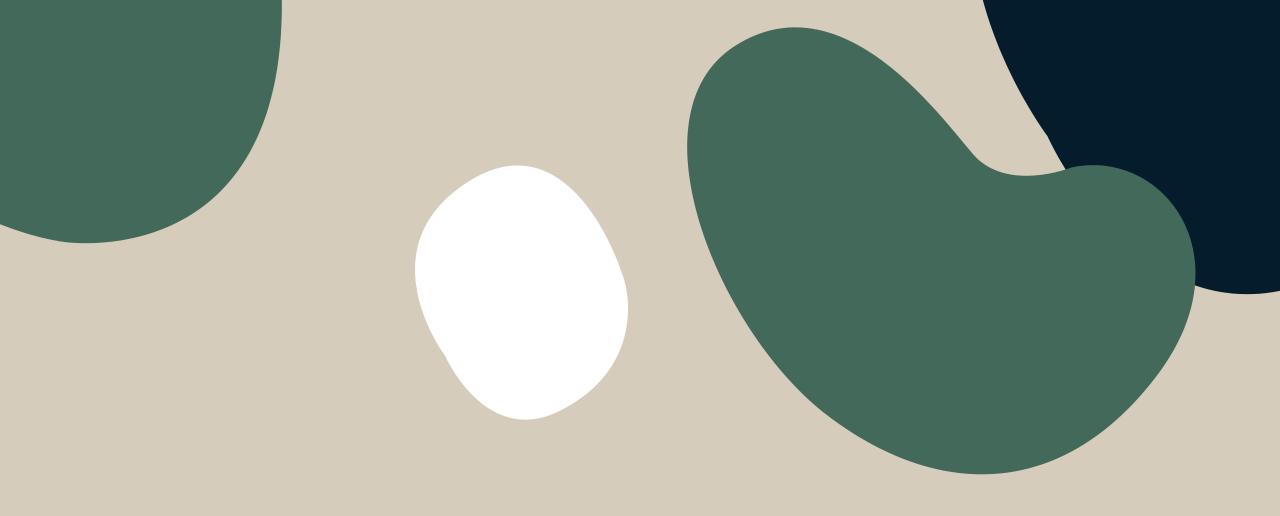
Integration with wellbeing service counties – smoother cooperation with Kela & TE services

Reform of Disability Services Act – rights, inclusion, employment focus

Earlier vocational rehabilitation – employer & occupational health obligations

Inclusive labour market measures – wage subsidies, supported employment, possible quotas

Digitalisation & accessibility – legal requirements for assistive tech & services **EU & international alignment** – CRPD & EU Disability Strategy 2021–2030



STAFF PLANNING



Why use AI in workforce planning?



Bad outcomes reduce employee satisfaction

Employees are unhappy about their work-life balance

Plans do not support recovery and healthy sleeping patterns

The healthcare sector is perceived as unattractive and people leave

Why use AI in workforce planning?



A time-consuming process

In the EU alone healthcare personnel planning costs more than 2B€ annually [1]

Time spent on planning worsens the lack of healthcare experts by more than 50 000 FTE

Why use AI in workforce planning?



Difficult problem

There are numerous rules a plan must fulfil

The situation is constantly changing

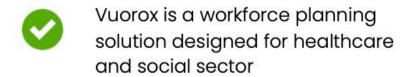
Employee preferences, planning quality criteria and organizational needs are often at odds

We used to spend approximately two working days per unit to plan the next six weeks = 450 days of workforce planning per year!

Next generation workforce planning with Al:

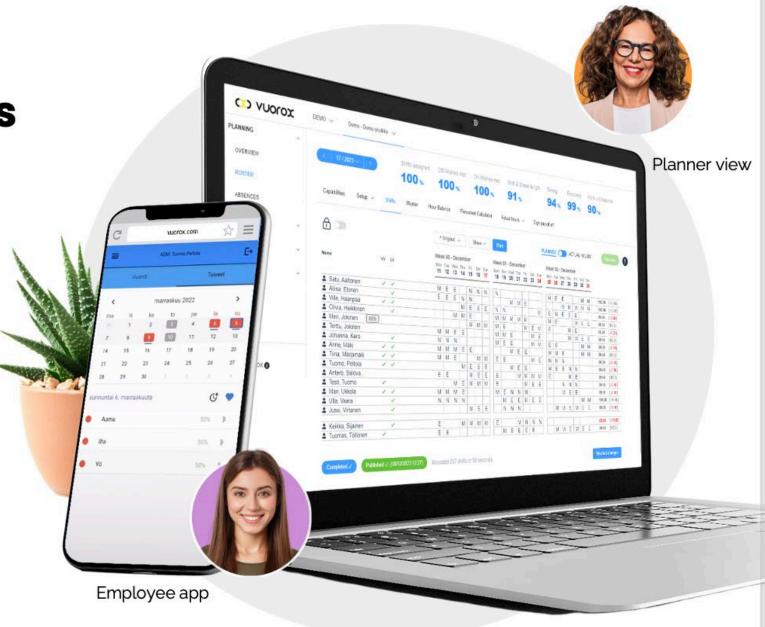
SUPERHUMAN QUALITY AND SPEED

Vuorox – individual roster plans in minutes



Our world-class AI solves the roster planning problem in minutes and meets the numerous requirements a roster faces

Vuorox is fair and unbiased towards employees. It takes individual preferences into account and strives for a good work-life balance in planning



The Al under the hood in Vuorox is based on AlphaGo Zero, an improved version of Deepmind's neural network which beat the world champion in Go

The AI architecture allows us to discover from first principles the best ways to plan a roster and achieve superhuman performance at the task

Roster planning process with Vuorox

Vuorox automates away 90% of the work a planner or supervisor needs to do

Compile employee preferences from post-its,

Pre-planning

- Gather information about special events during planning period from various sources
- List all absences
- Define needed shifts

emails, sms's etc.

Confirm list of employees

- Allocate shifts to

Planning

- employees manually
 Assess result, identify
 problems, reiterate until
- Plan what to do with uncovered shifts

satisfied

- Assess hour balances and finalize shifts
- Publish the roster

Aftercare

- Manage changes (sick leaves, additional shifts)
- Log actual hours
- Report salary information
- Report worked hours to governing authority
- Use whatsapp groups, direct phone calls, sms's etc. to get replacement workers
- Log extra hours on timesavings account and make sure employees can access their balance



Thank you for your interest

Questions & comments are more than welcome!

